

Cut it Out! Act Your Age!

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Do you often tell your children that their behaviour is “inappropriate”? If so, you might want to CUT IT OUT! A child doesn't have the ability to understand the difference between him as a person and his behaviour...”Okay, you don't like my behaviour but you love me...right?” Parents need to understand how normal children act so that they can accept that the behaviour is actually appropriate for a child that age! Better to find out what normal is so you can relax, enjoy your child and guide them lovingly with acceptance in place. Embracing childhood and all that goes with it grows loving, nurturing and self-assured adults!

Normal children:

- have behaviour that embarrasses parents
- explore the world and take risks
- have problems with their feelings so they scream, bite, hit pinch and use strong statement like “I hate you.”
- say things that aren't true
- ask lots of questions
- forget instructions and get distracted
- don't focus on what we think is important
- don't understanding time
- say thoughts out loud without editing
- making messes but being unable to clean up well
- are egocentric and don't always consider other people's feelings
- lose things

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